SMTL Dressings Datacard

Product Name:	**CICA-CARE**
Classification Name:	**Dressing Silicone Sheet:**
Manufacturer:	**Smith & Nephew Medical Ltd**

Description

[*** display ps-cicacare ***]

[*** linked cicacare-01 ***] Cica-Care gel sheet is a soft, self-adhesive, semi-occlusive sheet made from medical grade silicone reinforced with a silicone membrane backing.

Indications

Cica-Care is designed for the temporary use in the management of both existing and new hypertrophic scars and keloids. It is also indicated for use as a prophylactic therapy on closed wounds to help to prevent [*** linked hypertrophic-01 ***] hypertrophic scarring and [*** linked keloid-01 ***] keloids.

Although Cica-Care has been shown to be of value in scar therapy, its precise mode of action is unknown. Unlike other treatments for hypertrophic scar formation, the product does not require the application of pressure with bandages or specially designed garments. The use of the dressing is also claimed to reduce the need for surgical release, and its early use is thought to prevent scarring from interfering with function. Although the product is primarily intended for application to raised scar tissue, there are some early indications that it may be of use in the treatment of depressed scars (although this remains to be confirmed in larger clinical studies).

Contra-Indications

Cica-Care is contra-indicated for patient with complicating medical factors which would make them unable to use the gel sheet properly and in patients with dermatological conditions which disrupt the integrity of the skin in areas of coverage. It is not to be used on open wounds.

Method of use

Cica-Care is removed from the tray and a piece is cut to fit the size of the scar. The release liner is then removed and the adhesive side of the gel sheet is applied to the scar. Although self-adhesive, the product may also be held in place by a lightly elastic conforming bandage or tape. Cica- care should be washed in a mild, non-oily soap at least twice daily. Cica-Care should be applied at least 12 hours per day and if possible it should be applied for 24 hours per day.

Frequency of Change

When Cica-Care begins to wear or cleaning is difficult, it should be replaced. The usually occurs at 10-14 day intervals.

Warnings

In some patients, a rash has been observed on the covered skin. This has been attributed to either poor hygiene or to the product being applied with pressure to tightly. Should a rash appear, reduce Cica-Care therapy time to 12 hours on, 12 hours off. If the rash persist, discontinue use and consult a physician. On surgical incisions, use Cica-Care only after sutures have been removed.

Presentation

Cica-Care is presented individually wrapped on a tray in a peel pouch, sterilised by ethylene oxide.

Sizes

15cm x 12cm (carton of 10 and carton of 1)

6cm x 12cm (carton of 1)

Bibliography

1. Perkins K., *et al*., Silicone gel: a new treatment for burn scars and contractures, *Burns,* 1982, **9**, 201-204.

2.Quinn KL., et al., Non-pressure treatment of hypertrophic scars, *ibid*, 1985, **12,** 102-108.

3. Carney SA, Treating hypertrophic scars with silicone gel, *J Wound Care*., 1993, **2,** (4), 197-198.

4. Carney SA, et al., Cica-Care* gel sheeting in the management of hypertrophic scarring. *Burns,* 1994, **20,** 163-167.

Revision Details

Revision Author	Dr S. Thomas
Revision No	1.5
Revision date	1997/12/16

Please inform SMTL of any inaccuracies or changes required in this datacard.

Disclaimer

This datacard has been prepared as an aid to contracting for purchasers in the NHS in Wales, and should not be used as a substitute for literature, instructions or training from the manufacturers of the devices.