WOUND PAIN ASSESSMENT TOOL

PATIENT DETAILS:

Full name

Date of birth

Address

Hospital/clinic no.

Duration of wound

Plan of care at initial assessment (if known):

Brief description of the wound:

Body map (to show location of wound pain as described by the patient)

Pain scales (to measure patient’s current level of pain)

Verbal rating scale

Numerical rating scale

Ask the patient on a scale of 0-10, where 0=no pain and 10=worst possible pain, to choose a number that best places his/her current level of pain

0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10

NO MILD MODERATE SEVERE PAIN PAIN PAIN PAIN

Verbal rating scale

KEY ASPECTS OF ASSESSMENT

Assessment of pain:

1. Potential causes of persistent underlying wound pain at rest

2. Location of wound pain

3. Signs of neuropathic pain

4. What makes the pain worse?

5. What dressing-related activities make the pain worse?

6. What reduces the pain?
# Wound Pain Assessment Tool

## Key Aspects of Assessment

<table>
<thead>
<tr>
<th></th>
<th>Initial Assessment</th>
<th>Reassessment</th>
<th>Reassessment</th>
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<td>7.</td>
<td>What reduces the pain during or after dressing-related procedures?</td>
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<td>8.</td>
<td>Patient's feelings about wound and/or dressing-related procedures</td>
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<td>9.</td>
<td>Pain intensity score before wound dressing-related procedure</td>
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<td>10.</td>
<td>Note indications that dressing-related procedure caused pain/tissue trauma</td>
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**Interventions to manage pain:**

11. Cleansing agent and technique

12. Dressing choice(s)

13. Methods used to secure dressing

14. Care of skin surrounding wound

15. Consider analgesia

16. Other strategies used to relieve pain

17. Pain intensity score during wound dressing-related procedure

18. Indications that patient is experiencing pain

19. Pain intensity score after wound dressing-related procedure

20. Time taken for pain to resolve after dressing change/procedure

21. Changes made to reduce pain at dressing-related procedures

Signature of assessor(s):